
Childhood Obesity Task Group

12th July 2010

Report of the Interim Head of Civic, Legal & Democratic Services

Childhood Obesity Review - Draft Final Report

Summary

1. The purpose of this report is to present Members of the Task Group with the draft final report in relation to the Childhood Obesity Review (Appendix 1 and its associated annexes refer). Members are asked to consider whether they wish to gather further evidence and if so what information they require.
2. Should Members feel that they have enough evidence then they are asked to analyse the information received and identify some key findings, especially around the last key objective – ‘to explore how monies are spent on tackling obesity’. They are also asked to formulate their recommendations arising from this review for inclusion within the draft final report.

Background

3. At a meeting of the Health Overview & Scrutiny Committee in July 2009 Councillor Susan Galloway raised concerns about the following two National Performance Indicators:
 - NPI55 – obesity among primary school age children in reception year
 - NPI56 – obesity among primary school age children in year 6
4. As a result of this a feasibility study and proposed remit were submitted to the Health Overview & Scrutiny Committee in September 2009 and after due consideration they decided to progress this topic to review. In doing so they recognised certain key objectives and the following remit was agreed:

Aim

5. To address whether current service provision is effectively reducing childhood obesity in the city.

Key Objectives

- i. To look at statistical evidence collected by the School Health Team in relation to NPI55 and NPI56 to discover the extent of childhood obesity in the City

- ii. To explore the impact of current initiatives such as healthy eating, 5 a day and 30 minutes of exercise 5 times a week etc on tackling obesity
- iii. To explore external factors that may contribute to childhood obesity
- iv. To learn more about the Altogether Better Programme and the Healthy Weight, Active Lives Strategic Implementation Group and the methods they are using to reduce childhood obesity
- v. To look at the continuity of services into adulthood
- vi. To explore how monies are spent on tackling obesity

Consultation

6. Details of consultees are set out in paragraph 5 of the draft final report, which is at Appendix 1.

Options

7. There are no specific options for Members to consider, however they are requested to:
 - i. Consider whether they would like to receive further evidence as part of this review and if so identify what information they require
 - ii. Analyse the information already received and identify some key findings (specifically in relation to key objective vi of the remit) and some recommendations for inclusion within the draft final report (Appendix 1 refers)
 - iii. Consider which, if any, of the information already received they would like annexed to the draft final report.
 - iv. Make any amendments to the draft final report that they may require

Analysis

8. The Task Group have received a vast amount of information in relation to this review. Members are asked to consider carefully what information is strictly pertinent to the aim and key objectives of the remit and which evidence they would like to see annexed to the draft final report.
9. Members are also requested to be extremely mindful of the overall aim of the review, which is; 'to address whether current service provision is effectively reducing childhood obesity in the city' and try to focus any recommendations that they may wish to make around ways of improving services. They are also asked to bear in mind that any recommendations they do make need to be properly evidenced within the body of the draft final report.
10. Various ideas for recommendations have been suggested during the course of the review and these have been included within the body of the draft final report at paragraphs 24, 25 and 75. Members will need to give these further consideration.

11. At a meeting of the Health Overview & Scrutiny Committee on 29th March 2010 consideration was given to the information received to date in relation to the Childhood Obesity Review. Reference was made to the fact that in the 1980s and 1990s North Yorkshire County Council had the highest take up of school meals in the country. It was highlighted that there had been a significant drop in the take up of free school meals and there was a need for the Local Authority to promote an increase in take up of school meals in general. Members of the Health Overview & Scrutiny Committee asked the Task Group to consider formulating a recommendation around encouraging the Local Education Authority to proactively encourage the promotion and general take up of school meals through individual schools and their governing bodies.
12. As mentioned the draft final report is attached at Appendix 1 to this report and in light of points made in the paragraphs above Members are asked to consider if there are any amendments they wish to make to this document prior to it being presented to the Health Overview & Scrutiny Committee and then the Executive for consideration.
13. The implications and risk management sections of the draft final report will be completed once the draft recommendations have been made.

Corporate Strategy 2009/2012

14. This report and its associated Appendix and Annexes are directly linked to the 'Healthy City' theme of the Corporate Strategy 2009/2012.

Implications

15. **Financial** – There is a small amount of funding available within the scrutiny budget to carry out reviews. There are no other financial implications associated with the recommendations in this report however any implications that may arise will be fully addressed within the final report once the recommendations have been formulated.
16. **Human Resources** – There are no known Human Resources implications associated with the recommendations within this report. However any implications that may arise will be fully addressed within the final report once the recommendations have been formulated.
17. **Legal** – There are no known legal implications associated with the recommendations within this report. However any implications that may arise will be fully addressed within the final report once the recommendations have been formulated.
18. There are no known equalities, property, crime & disorder or other implications associated with the recommendations in this report however; implications may arise as the review progresses and will be addressed within the final report.

Risk Management

19. In compliance with the Council's risk management strategy there are no risks associated with the recommendations in this report. However risks may become apparent once the Task Group has formulated the recommendations arising from this review and these will be addressed within the final report.

Recommendations

20. Members of the Committee are asked to:
- i. Consider and analyse all of the information received to date with a view to identifying some key findings (including those on key objective vi of the remit) and issues arising for inclusion within the draft final report.
 - ii. Formulate some recommendations for inclusion with the draft final report
 - iii. Consider which, if any, of the documents received as part of this review they wish to be annexed to the draft final report.

Reason: in order to progress this review.

Contact Details

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Report Approved

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Specialist Implications Officer(s) None

Wards Affected:

All

For further information please contact the author of the report

Background Papers:

None

Annexes

Appendix 1 & Associated Annexes (A-P) – Draft Final Report